

What About the Babies?

The Baby Bundle Meets Medicaid's First 1000 Days

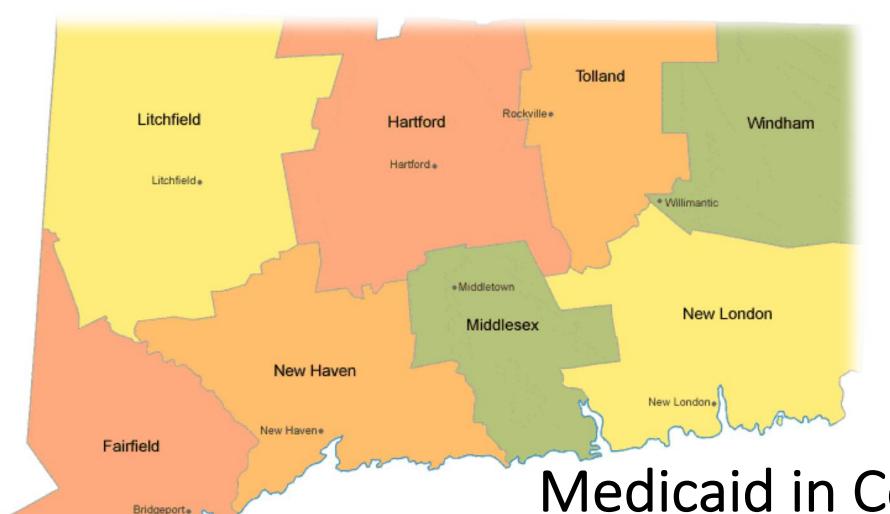
NOTE TO VIEWER

Please view this PPT in SLIDE SHOW MODE so you have access to all content.



2018 Health and Human Services Convening

Roderick Bremby, Commissioner
CT Department of Social Services
Janice Gruendel, Senior Fellow
Institute for Child Success (SC)
Bridgeport Prospers, (CT)



Part I
Medicaid in Connecticut:
Where have we been and where are we going?

The Human Services Value Curve

Efficiency in Achieving Outcomes Generative **Business Model** Integrative **Business Model** Collaborative Business Model Regulative Effectiveness Model in Achieving **Outcomes**

Regulative Business Model: The focus is on serving constituents who are eligible for particular services while complying with categorical policy and program regulations.

Collaborative Business Model: The focus is on supporting constituents in receiving all services for which they're eligible by working across agency and programmatic borders.

Integrative Business Model: The focus is on addressing the root causes of client needs and problems by coordinating and integrating services at an optimum level.

Generative Business Model: The focus is on generating healthy communities by co-creating solutions for multi-dimensional family and socioeconomic challenges and opportunities.

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Search Q

Program



Letters Medicaid Saves

AUGUST 8, 2018

was disappointed to read Democratic gubernatorial candidate Ned Lamont's ▲ comments in The Courant's Aug. 6 editorial ["Our Nod For Democratic Nominee Goes To (The Old) Ned Lamont"] about moving our state's successful Medicaid program back to managed care as a strategy to save money.

Since firing managed care organizations from our Medicaid program six years ago, Connecticut has saved \$118 million for taxpayers annually. We lead the nation in lowering per-person Medicaid costs of care.

At the same time, we've increased the number of doctors participating in the program, increased preventive care and lowered emergency department and

icare, according to a analysis of federal data by Center for Medicare and Medicaid Services researchers ne article cites the implementation of the Affordable Care Act as having the most widespread impact on the

ealth sector nationwide in the 2010-2014 period.

States such as Connecticut that chose to expand Medicaid under the Affordable Care Act collectively spent 12 percent more on Medicaid as a whole from 2013 to 2014, compared with 6 percent in non-expansion states, but Spending more overall, but less per person

on a per-person basis, the script was reversed.





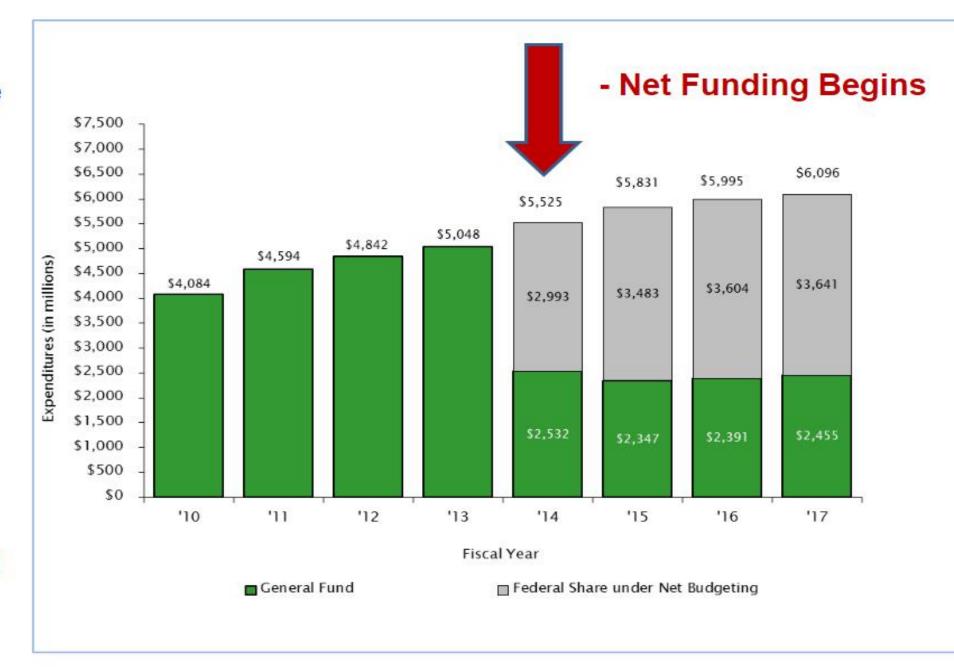


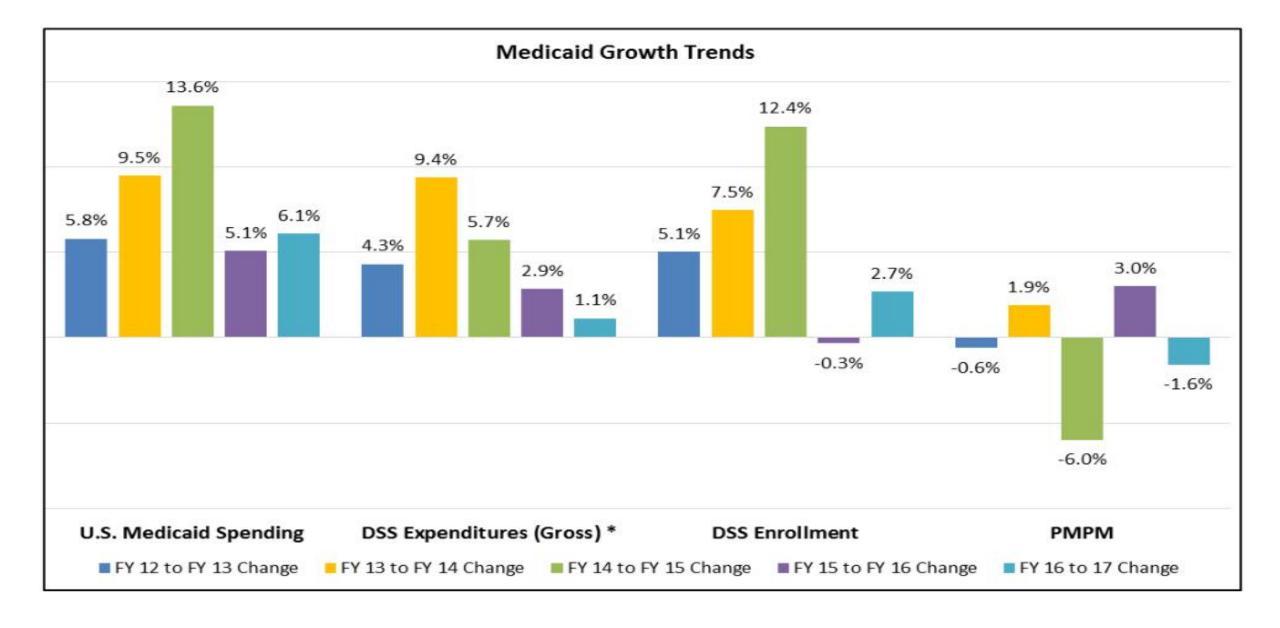
Updated March 10, 2010

CT's state share of Medicaid costs have dramatically stabilized.

State share of costs was lower in SFY 2017 than it was in SFY 2014.

SFY 2017 state share was only \$34 million, or 1.4%, higher than the estimated SFY 2012 state share.





^{*} Expenditures are net of drug rebates and include DMHAS' behavioral health costs claimable under Medicaid.

SNAP Application Processing Timeliness

FFY 2017 97.95 (3)

FFY 2016 97.52 (3)

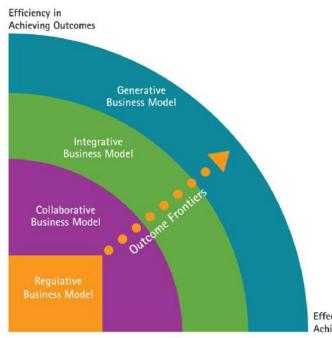
FFY 2015 94.35 (14)

FFY 2014 80.21 (44)

FFY 2013 57.36 (53)

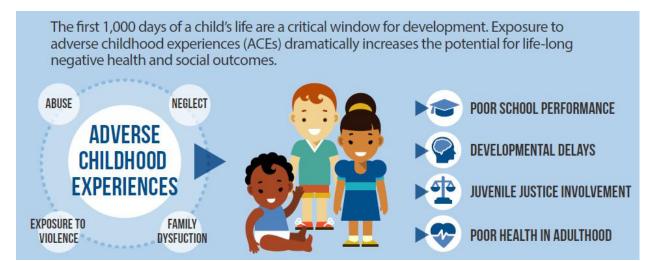
FFY 2012 56.71 (53)

FFY 2011 60.35 (53)



Effectiveness in Achieving Outcomes

States are building a First 1000 Days framework for Medicaid reform



First 1,000 Days on Medicaid

MEDICAID'S UNIQUE ROLE IN EARLY CHILDHOOD

Medicaid is uniquely positioned to identify and connect at-risk children (ages 0-3) in low-income families with needed health, developmental, and social services — increasing the odds that children get a good start in life.



Medicaid covers almost half of babies born in the United States and 40 percent of children



Publicly financed health care is the social institution most likely to have regular contact with children ages 0-3 in low-income families



Medicaid guarantees coverage for developmental screenings and other preventive care that is important for identifying concerns early

MAXIMIZING MEDICAID'S WINDOW OF OPPORTUNITY ►

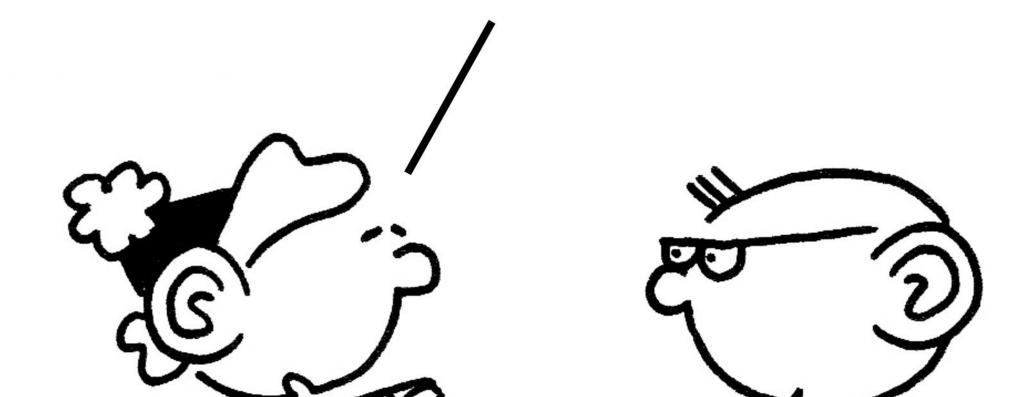
There are key opportunities for state Medicaid agencies and their health plan contractors to support high-risk, low-income families:

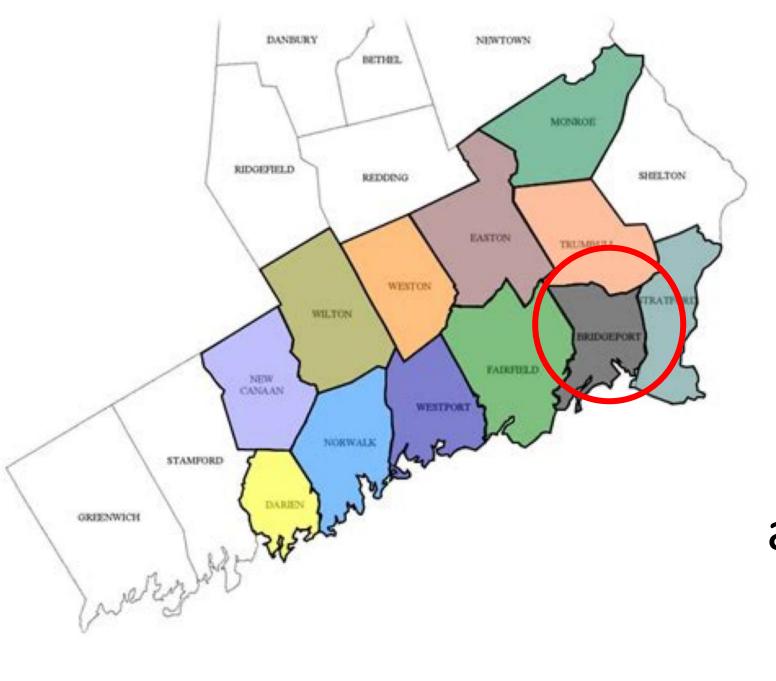




Credit: CHCS- www.chcs.org/medicaid-early-childhood-lab/

THE TROUBLE WITH OPPORTUNITY 15 THAT IT COMES DISGUISED AS HARD WORK!





Part II

Getting to Born Healthy and Ready at Three

The Data Dive



Population: 145,934

Children 0-21: 33,634

☐Surrounded by the wealthiest cities/towns in the state and the nation.

☐99.9% of public school students qualify for Free and Reduced Lunch

☐Student achievement gaps the largest in the state

We gathered and back-mapped birth, developmental and academic data...



- 9% of 5th graders proficient in math
- 24% of 3rd graders reading at level
- 3 in 10 entering K school ready
- ☐ 75% of three-year-olds enter Head Start BEHIND (2016)
- 21% no or inadequate prenatal care
- ☐ 63% of the city's 1800-2000 yearly births Medicaid funded

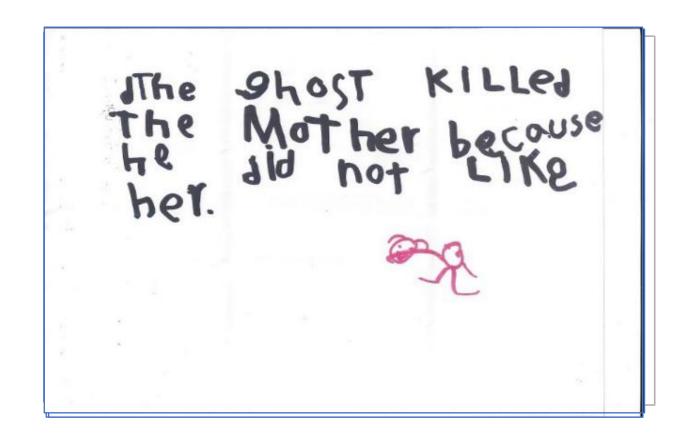
We looked at stressors that our families were living with

Parental Health & Mental Health Maternal depression
Parent-child attachment
Domestic violence
Substance Abuse
ACES

Unstable/unsafe
housing
Family and
community violence
Not enough food to get
through the month
Unstable child care
Weak social networks &
social capital
Unstable work status
Needs of aging parents

Family Basic Needs Child Health,
MH and
Behavior

School absences/
suspensions/ expulsions
School readiness
challenges
Developmental delays
Health problems
Anxiety/fear/aggression



We listened to real stories from children in Bridgeport....

We found data on the developmental and educational impacts of trauma and adversity

MORE LIKELY TO BE RETAINED

IMPAIRED MEMORY

LOWER VERBAL SKILLS

MORE DISCIPLINE REFERRALS

INCREASED EXTERNALIZING BEHAVIORS (I.E., AGGRESION, DEFIANCE, HYPERACTIVITY)



DIFFICULTIES WITH ATTENTION

LOWER TEST SCORES

MORE ABSENCES

HIGHER SUSPENSION RATES

INCREASED INTERNALIZING BEHAVIORS (I.E., DEPRESSION, ANXIETY, WITHDRAWING)

DIFFICULTY
REGULATING EMOTIONS

We looked at stressors and trauma in our city and in our country...

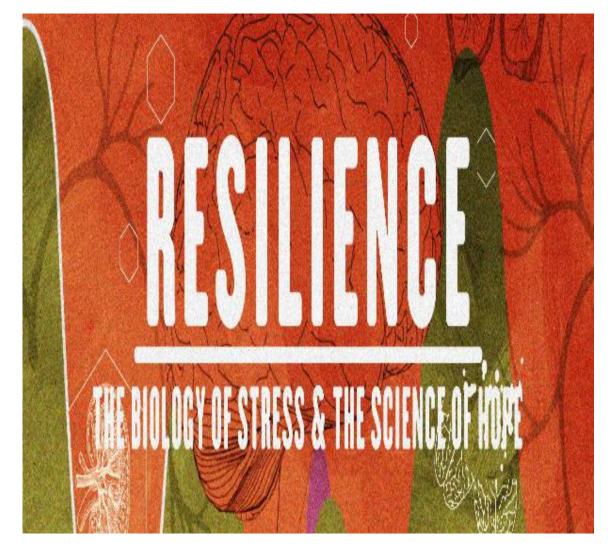






... and we use the Resilience documentary to tell the ACES story



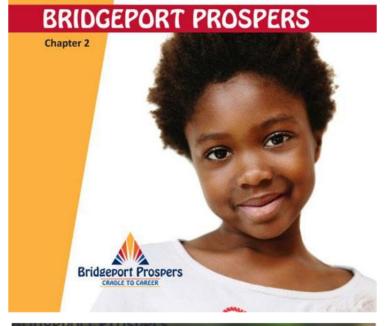


We created The Arc of Science to help people understand that...

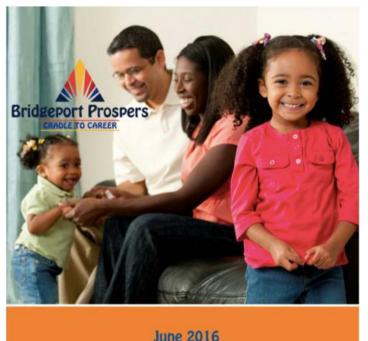


Intertwined cognitive and socialemotional development Executive function Self –regulation Empathy

The early years really matter
We can build health and resilience







June 2016 Summary Report Birth - 3 CAN Pre-K - 3rd CAN

LIVE UNITED

201520162017



We mapped assets, wrote technical reports based on data, created recommendations and linked to the What Works literature



We articulated a whole family, values-based set of expectations



Anchor actions in place-based, protective factors

Assess and plan from a person-driven, strength-centered, science-informed, skill building framework



Employ data-informed, outcome-focused practice and programs, linked through crosssector partnerships

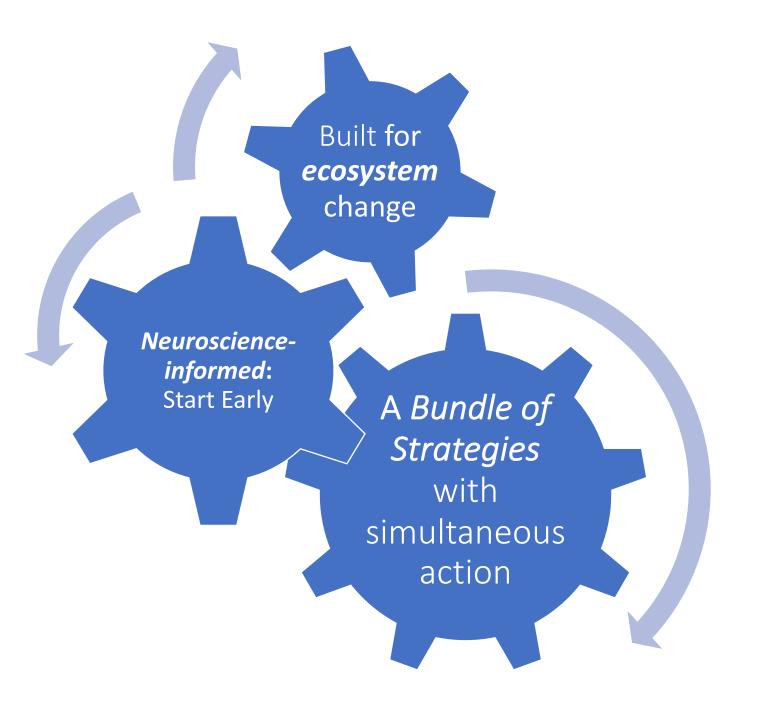




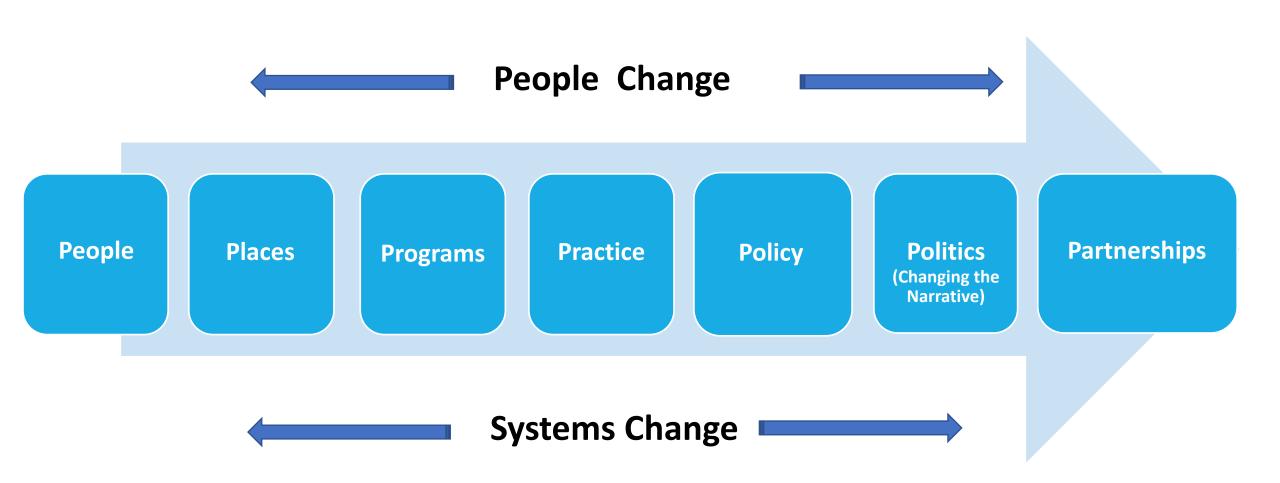
Part III

Fact to Act: So what IS the *Bridgeport Baby Bundle?*

No one program can do this work...



We created the Rule of P to keep ourselves and the process honest...



The Bridgeport Baby Bundle: Five Core Strategies

Supported Care and Parenting An Army of Helpers and Advocates

Bridgeport
Baby
Investment
Bundle

Innovation and Better Connections

Track
Change.
Measure
Impact





A Peek at What's Inside Each Strategy (Red is moving. Think about the Rule of P)

Supported Care and Parenting An Army of Helpers and Advocates

Resilience

The Baby Investment Bundle Innovation and Better Connections

Authentic Family &

Track
Change.
Measure
Impact

The Bridgeport Basics

*Pregnancy support and universal home visiting (Centering Pregnancy/ Family Connects)*Universal screening (Sparkler) Early literacy (ROR) Infant and toddler family child care (All Our Kin)*Maternal wellness (MOMs Partnership)

screenings
The Bridgeport
"Baby Squad"
Building
champions:
Faith, pediatric
(Sparkler and The
Basics), higher
education and
giving sectors

Parent Leadership

(PLTI

Investment Portfolio
for strategy #1
PLUS
Strategy #5:
Innovative Funding
re data; High-wealth
donors "Baby

Scholarships"; State

Medicaid re-form

funding

Neighborhood
Engagement
Top to Bottom
(linking food &
diapers)
Arts in early learning
Respectful service
access: No wrong
door and a warm
handoff

National
Interoperability
Collaborative
Bpt Virtual Baby
Data Coalition:
DSS, OEC & SDE
Partnership
City DPH and
hospital data
Medicaid admin
data; Linking to
Sparkler data



Do we have a 21st century management and operational system at the city and state level?

Resource Flexibility & Innovation

Real-time Data on Clients & Outcomes

> CQI and Accountability

Strategic Planning, Policy Communication

Internal & Cross-Agency Workforce Leadership, Support & Development

Strategic **Partnerships**







Working to Connect State and Local Data Systems



- Pregnant women by provider
- Babies born by hospital
- Live births: natural delivery and C-section
- NICU rate
- ER visits under 6 months old (Unduplicated count of ER patients, under 6 months old)
- Overnight hospital stays under 6 months old (Unduplicated count of overnight hospital stays under 6 months old)
- Unduplicated count of children either ER or overnight visit, under 6 months old
- HUSKY Enrollment of babies and other children in their families
- Prenatal and postnatal maternal MH screens paid for by Medicaid and successive MH treatment for depression



Strategic Partnerships

Bridgeport Agency/Program Partners

Bridgeport Department of Health, Bridgeport Hospital, Bridgeport Hospital Foundation, St. Vincent's Hospital, Optimus Community Health, Southwest Community Health, Child First, Child and Family Guidance (NFN and PAT), Visiting Nurses Services, Dr. Norman Weinberger (Pediatric Champion), Pediatric and OB providers, Reach Out and Read, Read to Grow, All Our Kin, Early Head Start, Bridgeport Libraries,, Partnership for Early Education Research, Bridgeport Health Advisory Council, Primary Care Action Group

State and National Level Partners

CT Department of Social Services, Office of Early Childhood, Child Health and Development Institute, Child Development Infoline, Help Me Grow CT, Institute of Child Success, Family Connects, Reach Out and Read, Stewards of Change (Data and Interoperability), National Interoperability Collaborative, Boston Basics, Sparkler, MOMs Partnership, HRSA and National Institute of Child Health Quality (NICHQ



Whew!
Lots of moving parts...

We think NIRN can help us with implementation science...

Brave is when you're afraid but you do it anyways.

@natashacombs Let's Be Brave.

